



**Government of Puducherry
Kanchi Mamunivar Government Institute for Postgraduate Studies and
Research(Autonomous)(Affiliated to Pondicherry University)**



**(A College with Potential for Excellence/ Re-Accredited with 'B++' Grade by
NAAC),Airport Road, Lawspet, Puducherry-605 008.**

No.15-01/KMCPGS/C5/2025-26/ 990

dt. 25.09.2026.

CIRCULAR

**Sub: Participation in Art and Photography Competitions on the occasion of
World Mental Health Day 2026 – Reg.**

**Ref: Email dated 22.9.2026 of the Department of Psychiatry, Department of
Health and Family Welfare, Government of Puducherry.**

As per the observance of **World Mental Health Day 2026**, the National Mental Health Programme & Department of Psychiatry, Department of Health and Family Welfare, Government of Puducherry, is organizing various awareness and community participation activities along with competitions of youth, with the aim of promoting mental health awareness and well-being.

In this connection, the following competitions are organised

1. **Art Competition** for College Students of Puducherry
Date : 28 September 2026 (Monday)
Time: 9:30 AM
Venue: Bharathiyar Palkalaikoodam, Ariyankuppam, and Puducherry.
2. **Photography Competition** for College Students of Puducherry
Date of Submission: 5th October 2026
Submit to email: nnmhppdy@gmail.com

Interested students are requested to enrol and contact Dr. S. Alamelu Mangai ,
Head ,Department of Home Science by today before 3.30pm for further details and necessary
coordination .

Students participating kindly check the leaflet attached.

To

For circulation to All the Heads of the Department


DIRECTOR
DIRECTOR
KMCPGS
KANCHI MAMUNIVAR GOVERNMENT INSTITUT
FOR POSTGRADUATE STUDIES AND RESEARC
(Autonomous), LAWSPET, PUDUCHERRY 8



National Mental Health Programme
Department of Health & Family Welfare,
Govt. of Puducherry
On the occasion of

World Mental Health Day 2026

PHOTOGRAPHY COMPETITION

*Capture
the Mind's
Story*

Lived Experiences heard

1

**"THE MIND BEHIND
THE MOMENT"**

*"Capturing emotions,
connection, resilience and hope"*

2

"BEYOND THE FRAME"

*"Seeing the person,
not just the picture"*

THEME OF THE PHOTOGRAPH:

3 Attractive Prizes



Submission Details:

- Relevant caption or slogan required.
- Include Name, College, Contact No.
- Original work only (no downloaded content).
- No copyrighted materials.
- Slogan must be relevant to photography and mental health.
- No Mobile Photography allowed, only professional Photography.
- JPEG/JPG Format of resolution more than 8160 x 6120 would be accepted.



How to Submit:

Send DSLR 4K resolution (and
above) photos to:
nmhppdy@gmail.com
On or before 5.10.2026

*Healthy Mind
Brighter Future*



Contact for any Queries
(8.00 Am to 6.00 Pm)
Mr. RAJA - 9585978968



For any queries contact Mr. Raja .V. - 9585978968

Yours faithfully,

National Mental Health Programme
Department of Health and Family Welfare
Government of Puducherry



WhatsApp Image 2026-09-21 at 11.45.18 AM.jpeg
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National Mental Health Programme
Department of Health & Family Welfare, Govt. of Puducherry
In association with Bharathiyar Palkalai koodam

On the occasion of

World Mental Health Day



**ART
COMPETITION**

Express
Your Mind
Through
Art
—♡

Lived Experiences heard

1

'சொல்லாத உணர்வுகள்,
வண்ணத்தின் மொழியில்...'
"Unspoken emotions,
in the language of colors..."

2

"நிழலும் வெளிச்சமும்:
மனதின் பயணம்"
"Shadows and Light:
The Mind's Journey"

Open for all Govt & private College students



Date :
28.09.2026
Monday



Time :
9.30 am



Participants should bring their Art
material and necessary materials required
for the ART.



Art should be their
original work

Attractive prizes for Best 3 ART Work

Healthy Mind
Brighter Future



Venue:
Bharathiyar Palkalai koodam,
Ariyakuppam, Puducherry.



Yours faithfully,

National Mental Health Programme
Department of Health and Family Welfare
Government of Puducherry



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